

Donning a mask with loops.



Step 1: Perform hand hygiene before applying a mask.



Step 2: Holding the mask with the colored side facing out and nose wire at the top.



Step 3: Holding the ear loops, place over the ears and position over your face.



Step 4: Gently press the nose wire to mould to your nose and cheeks for a secure fit.



Step 5: Pull the front of the mask down over your chin and jaw to expand the mask.

Doffing the mask.

Perform hand hygiene. Grasp ear loops and remove the ear loops from your head. Pull the mask away from the face without touching the front (coloured side) of the mask. Touch only the loops of the mask. Fold the outside of the mask in on itself. Discard into the bin.

When wearing the mask.

Do not:

- ✗ Touch your face.
- ✗ Pull your mask below your nose or chin.
- ✗ Leave it hanging around your neck or on top of your head.

Do:

- ✓ Change when mask becomes moist.
- ✓ Change if contaminated with blood or body fluids.
- ✓ Immediately perform hand hygiene if you accidentally touch the mask.

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